



**2009 LOS ANGELES COUNTY PLANNING PARTNERS  
SUPPORT ALCOHOL-FREE SOUTH BAY YOUTH PLEDGE**

The National Council on Alcoholism and Drug Dependence-South Bay (NCADD- South Bay) is proud to support the **Support Alcohol-Free South Bay Youth** initiative which is designed to counteract the problem of underage drinking in the community.

Underage drinking can cause a multitude of problems within the community. Every sector of the community has a role in preventing underage drinking; however, it starts with youth's rejection of underage drinking. Educating and exposing youth to the consequences of underage drinking is a step geared towards changing youth's attitude on the issue and helping them embrace an alcohol free environment.

**In an effort for South Bay youth community members to know that there are others supporting an alcohol free environment, NCADD South Bay encourages participants to include name and zip code.**

**Please return completed pledge form:**

**By Mail:** NCADD -South Bay 1334 Post Avenue Torrance, CA 90501

**By Email:** [mauricio@ncaddsb.com](mailto:mauricio@ncaddsb.com) **By Fax:** 310-328-1964

**SUPPORT ALCOHOL-FREE SOUTH BAY YOUTH PLEDGE**

I recognize that it takes a community to provide a safe environment for youth. Sharing in both appreciation and concern for the well-being of our youth, I pledge to assist in this effort of providing a safe environment through the following measures:

- **I pledge to believe in myself and my worth as an individual.**
- **I formally state my commitment to remain alcohol and drug free.**
- **I will not engage in social activities with people who participate in underage drinking or the use of illicit drugs.**
- **I will be open and receptive to discussions about alcohol and illicit drugs.**
- **I will be a role model to my friends by embracing healthy attitudes, behaviors, and through my alcohol/drug free lifestyle.**
- **I will speak with an adult if I, or a friend does develop an alcohol problem.**

Name(s) (please print)

\_\_\_\_\_

Signature(s)

\_\_\_\_\_

Zip Code

\_\_\_\_\_

Date

\_\_\_\_\_

I/We hereby give permission to include my/our name(s) on the pledge list of the NCADD- South Bay. This list will not be used for any other purpose including solicitation.

If you would like to receive a copy of your pledge, please provide your mailing address below (optional):

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